

BABA FARID UNIVERSITY OF HEALTH SCIENCES, FARIDKOT

Clinical Psychologist

(under Baba Farid University of Health Sciences, Faridkot)

QUESTION BOOKLET NC

IMPRESSION OF THE CANDIDATE

OMR ANSWER SHEET NC

ROLL NO:

FULL SIGNATURE OF THE CANDIDATE

FULL SIGNATURE OF INVIGILATOR

Time Allowed: 1:00 Hour (11:00 AM to 12:00 Noon)

Maximum Marks: 50

1. Use BLACK FINE TIP BALL PEN only. Use of pencil is not allowed.
2. Write your Roll number on the OMR answer-sheet and also on the question-booklet only in the space provided for the purpose and at no other place in the question booklets and Answer-sheet
3. Enter the Question Booklet Set and Number on the OMR Answer-sheet and also darken the corresponding bubbles with BLACK FINE TIP BALL PEN.
4. Do not put any marks anywhere in the Question booklet /on the OMR Answer-sheet.
5. **There are 50 objective type questions in all of 1 Mark each.** Before attempting the questions, check that the Question-booklet is complete. In case any question/part of question or page is missing, inform the Centre Superintendent within 5 minutes of the start of the examination. After that no claim will be entertained.
6. **Each question is followed by four alternative responses listed as A), B), C) and D) out of which only one is correct / most correct. In case, all the ovals are left blank, there will be deduction of marks @ 0.25 mark for each such unattempted question. Fifth oval 'E' (introduced for security purpose) is to be darkened in case you do not want to attempt the question to avoid negative marking.**
7. To open the question booklet, remove the seal gently when asked to do so. Handover the OMR Answer-sheet to the officer on duty on the completion of the time before you leave the examination hall.
8. **The candidates are permitted to carry his/her question booklet after completion of the examination but OMR Sheets are compulsory required to be deposited with the invigilator.**
9. A candidate who create disturbance of any kind or changes his/her seat or is found in possession of any paper possibility of any assistance to him/her or unfair means will be expelled from the examination by the Centre superintendent/Observer, whose decision shall be final. ("Expulsion" for this purpose would mean cancellation of the entire examination of the candidate).
10. **THE CANDIDATES ARE NOT PERMITTED TO CARRY ANY TELECOMMUNICATION EQUIPMENT SUCH AS WATCH, CELLULAR PHONE, WIRELESS SET, SCANNER ETC. INSIDE THE EXAMINATION HALL.**
11. For rough work, use only the blank space of the Question booklet.
12. The candidates will not be allowed to leave the examination hall during the examination.
13. Borrowing any material is not allowed.
14. The answer-sheet is designed for Computer evaluation. If the instructions are not followed properly, the candidate alone shall be responsible for the resultant loss.
15. Smoking/Refreshment shall not be allowed in the Entrance Test Centre/Hall.
16. Male candidates shall affix their Left Thumb Impression (LTI) while Female candidates shall affix Right Thumb Impression (RTI) at the prescribed place on the OMR answer sheet, Question Booklet and attendance sheet. The Centre superintendent shall also obtain and retain it for record.
17. The candidate must fill both the question booklet number and OMR answer sheet number on the attendance sheet.
18. No candidate shall be allowed to leave the centre before **12:00 Noon.**

1. Covert sensitization is the best treatment for
 - a. Alcohol dependence
 - b. b. Panic disorder
 - c. GAD
 - d. d.OCD
2. Parent management training is based on the principle of
 - a. Object relation theory
 - b. Learning theory
 - c. System theory of family theory
 - d. Play therapy
3. What is systematic desensitization used for?
 - a. Exploring unconscious material
 - b. Treating anxiety disorder
 - c. Improving behavioural problems
 - d. Improving maladaptive cognitions
4. The process by which unconscious ideas are prevented from reaching awareness because they are unacceptable, in psychology is called
 - a. Transference
 - b. Counter-transference
 - c. Resistance
 - d. Repression
5. If a woman has excessive washing compulsion due to excessive doubts of contamination, so she is not able to look after her 2 year old child and worried about her well being, the treatment she needs
 - a. CBT
 - b. SSRI only
 - c. Combination of SSRI and CBT
 - d. Psychodynamic psychotherapy
6. Which types of traits suggested by Allport
 - a. Cardinal traits
 - b. Central traits
 - c. Secondary traits
 - d. All of the above
7. Full form of LNNB
 - a. Likert Neuro Nervous Brain
 - b. Luria Nebraska Neuropsychological Battery
 - c. Lincolns Neuro Natural Battery
 - d. Luria Nebraska Natural Battery
8. BGT (Bender Gestalt Test) is a type of
 - a. Memory test
 - b. Intelligence test
 - c. Organic test
 - d. personality test
9. Non verbal, reasoning based intelligence is
 - a. Ravens Progressive Matrices
 - b. Bhatia Battery of Intelligence Tests
 - c. Wechsler Intelligence test
 - d. Binet Intelligence test
10. The clients projection of feeling from past relationships on to the therapist is an

Example of

 - a. Transference
 - b. Resistance
 - c. Empathy
 - d. Rapport

11. What is the core principle of Client Centred Therapy?
 - a. Focussing on past trauma
 - b. Using techniques to modify behaviour
 - c. Exploring unconscious conflicts
 - d. Unconditional positive regard for client
12. A persistent, excessive and unrealistic fear of specific object, person, animal, activity or situation is
 - a. Fear
 - b. Anxiety
 - c. Phobia
 - d. Obsession
13. Topographic model and Dynamic model are given
 - a. Sigmund Freud
 - b. Carl Jung
 - c. Karen Horney
 - d. Alfred Adler
14. Eric Erikson's Theory consists of how many phases?
 - a. 5
 - b. 12
 - c. 3
 - d. 8
15. Which is a type of phobia?
 - a. Acrophobia
 - b. Aerophobia
 - c. Claustrophobia
 - d. All of above
16. Which is the latest version of DSM?
 - a. DSM 5
 - b. DSM 3
 - c. DSM 4
 - d. DSM 6
17. Token Economy is a part of
 - a. Behaviour therapy
 - b. Family therapy
 - c. Cognitive therapy
 - d. Group therapy
18. Piaget's cognitive development theory does not include
 - a. Formal operational
 - b. Sensory-motor
 - c. Concrete operational
 - d. Oral phase
19. Which is not an intelligence test?
 - a. Ravens progressive matrices
 - b. Seguin Form Board
 - c. Binet Camath intelligence test
 - d. CAT
20. Full form of POCSSO
 - a. Prevention of children against sexual offence
 - b. Protection of children from sexual offence
 - c. Protection of criminals from sexual offence
 - d. None of the above
21. Definition of a concept in terms of how a concept is measured is
 - a. Operational definition
 - b. Standardization
 - c. Empirical definition
 - d. Justification
22. Which scale is used to assess the depression?
 - a. YMRS
 - b. Y-BOCS
 - c. HDRS
 - d. MPQ
23. Which is more influential in human cognition?
 - a. Innate characteristics
 - b. Environmental characteristics
 - c. None of a and b
 - d. Both of a and b

24. In Spearman's Two Factor Theory of Intelligence what "G" stands for?
 - a. Graphical
 - b. General
 - c. Great
 - d. Gradual
25. Aggression is a learned response to
 - a. Frustration
 - b. Anxiety
 - c. Phobia
 - d. Depression
26. Who has proposed life Eros and Thanatos?
 - a. Carl Jung
 - b. Anna Freud
 - c. Alfred Adler
 - d. Sigmund Freud
27. Social Learning Theory given by
 - a. Bandura
 - b. Rogers
 - c. Sullivan
 - d. Maslow
28. Goals of research are
 - a. Data collection
 - b. Hypothesis formulation
 - c. Theory development
 - d. All of above
29. The claim that feeling empathetic emotion for someone in need evokes
 - a. Altruistic motivation
 - b. Sympathy
 - c. Pity
 - d. Compassion
30. Which is not included in Cognitive Psychology?
 - a. Neurosciences
 - b. Cognitive Sciences
 - c. General Sciences
 - d. Computer Sciences
31. Maintaining silence after some conflict is a type of
 - a. Reactive aggression
 - b. Passive aggression
 - c. Active aggression
 - d. Instrumental aggression
32. The factors that affect interpersonal attraction are:
 - a. We think they are smart
 - b. We will probably get along
 - c. They will probably like us
 - d. All of above
33. _____ is the study how people perceive, learn, remember and think about information
 - a. Social psychology
 - b. Clinical psychology
 - c. Cognitive psychology
 - d. Abnormal psychology
34. Types of thinking does not include
 - a. Creative thinking
 - b. Critical thinking
 - c. Divergent thinking
 - d. Negative thinking
35. IDEAS is used to measure, qualify and certify
 - a. Intellectual Disability
 - b. Neurological Disability
 - c. Disability of mental disorders
 - d. Neuropsychological Disability
36. Neo-Freudian theory does not focus on
 - a. Social influence
 - b. Cultural influence
 - c. Sexuality
 - d. Unconscious experiences
37. Which part of the brain transfers STM to LTM?
 - a. Cerebrum
 - b. Hippocampus
 - c. Amygdala
 - d. Hypothalamus

38. Remembering only initial and end part of the To - Do list is an example of
- Flashbulb memory
 - Serial position effect
 - Encoding specificity effect
 - None of the above
39. Posturing is seen in which psychiatric disorder?
- Dementia
 - Delirium
 - Depression
 - Catatonia
40. Intellectual disability includes limitation in both intellectual function and-----
- Learning
 - Memory
 - Adaptive behaviour
 - Language
41. In case of normal distribution what should be the value of skewness?
- Zero
 - 50
 - 40
 - 60
42. A preconceived opinion, typically unfavourable, formed without sufficient knowledge or experience is called
- Stereotyped
 - Prejudice
 - Discrimination
 - Rumour
43. An unconscious psychological process where an individual reverts to behaviour and thought patterns to an earlier stage
- Repression
 - Suppression
 - Regression
 - Sublimation
44. In which year TAT was introduced?
- 1921
 - 1935
 - 1945
 - 1905
45. How many cards of inkblots per form are there in Holtzman Inkblot Test?
- 10
 - 30
 - 20
 - 45
46. Affective component is related to
- Feeling and emotion
 - Thinking and evaluation
 - Intention to behave in certain way
 - Perception
47. Drug rehabilitation aims at
- Complete abstinence
 - Social well being
 - Increase in standard living
 - All of above
48. Which statement is incorrect?
- Sleep terrors persists for 2 days.
 - Persistent nightmares signal excessive stress.
- Both i & ii
 - Only i
 - Only ii
 - Neither i or ii

49. Which of the following is not a system of memory according to the stage model of memory?

- a. Sensory memory
- b. STM
- c. LTM
- d. Working memory

50. In an organization an employee is reliable, independent, goal oriented and cooperative, which of the personality of employee is reflected as per Big Five Personality Model?

- a. Conscientiousness
- b. Agreeableness
- c. Emotional stability
- d. Extrovert

ANSWER KEY

**Recruitment test conducted on 17/05/2025 for post of Clinical Psychologist under
BFUHS, Faridkot**

1	A	26	D
2	B	27	A
3	B	28	D
4	D	29	A
5	C	30	C
6	D	31	B
7	B	32	D
8	C	33	C
9	A	34	D
10	A	35	C
11	D	36	D
12	C	37	B
13	A	38	B
14	D	39	D
15	D	40	C
16	A	41	A
17	A	42	B
18	D	43	C
19	D	44	B
20	B	45	D
21	A	46	A
22	C	47	D
23	D	48	C
24	B	49	D
25	A	50	A